Congoles in the US: Be a hero

Tell your family and friends in DRC

Do NOT touch sick people, or their blood or other body fluids.

Don’t touch the body of someone who has died of Ebola.

Bury all dead bodies safely.

Call if you have symptoms of Ebola.

Separate sick family members.

Get care early if you develop symptoms.

Health workers in the treatment center are there to help you.


Ebola survivors are safe to be around. Support them in your community.

Together we can stop ebola!