For detailed instructions, see the Centers for Disease Control and Prevention’s “Shipping Instructions for Specimens Collected from People Who May Have Been Exposed to Radiological/Nuclear -Terrorism Agents.”

**For each person, collect 70 mL or more of urine in a screw-cap urine cup by following the steps below:**

1. **Wash hands with soap and water.**

2. **Collect 70 mL or more of urine in a screw-cap urine cup.**

3. **Label the urine cup with the appropriate bar-coded label, indicating the method of collection if other than “clean catch.”**

4. **Place bar-coded label on all cups so that when upright, the barcode looks like a ladder.**

5. **Deliver specimen to clinic personnel.**

6. **Freeze samples (optimally at -70° C or use dry ice).**

**For questions concerning this process, please contact:**
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Atlanta, GA 30341
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