Things you should not do

- Don’t drink the water unless you know it is safe.
- Don’t wash or clean with the water unless you know it is safe.
- Don’t bathe in the water unless you know it is safe.
- Don’t cook with the water unless you know it is safe.
- Don’t brush your teeth with the water unless you know it is safe.
- Don’t use the water to make ice unless you know it is safe.

Things you should do

- Use bottled water if you are told to.
- Boil water for at least 1 minute if you are told to. Start counting the 1 minute when water is at a rolling boil. This will not get rid of chemicals. If you think chemicals are in your water, use bottled water.

Ways to feed your baby

- Breast-feed or use ready-made formula.
- If you must use water to make formula,
  — use bottled water.
  — boil water if you don’t have bottled water.

Recommendations from the Centers for Disease Control and Prevention